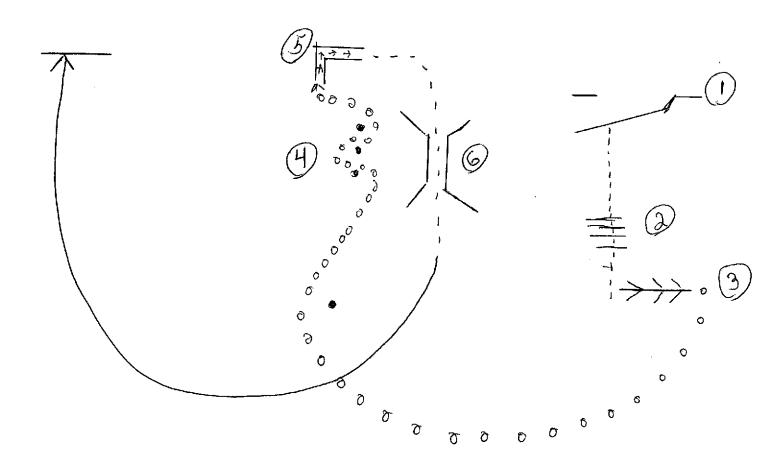
NYPEA

Cazenovia College

Trail Pattern



Pattern Description:

1.	Gate – Open and Close rope Gate	Gait Legend:
2.	Walk over Ground Poles	
3.	Walk to Side Pass – Side pass over Ground Pole to the left	🚣 — Walk
4.	Jog to and through Serpentine to L Shaped Back Thru	o o Jog
5.	BackThrough the LShaped Back Through	Lope
6.	Walk to and over Bridge (plywood on ground with Poles on each side)	

7. Lope to exit gate